

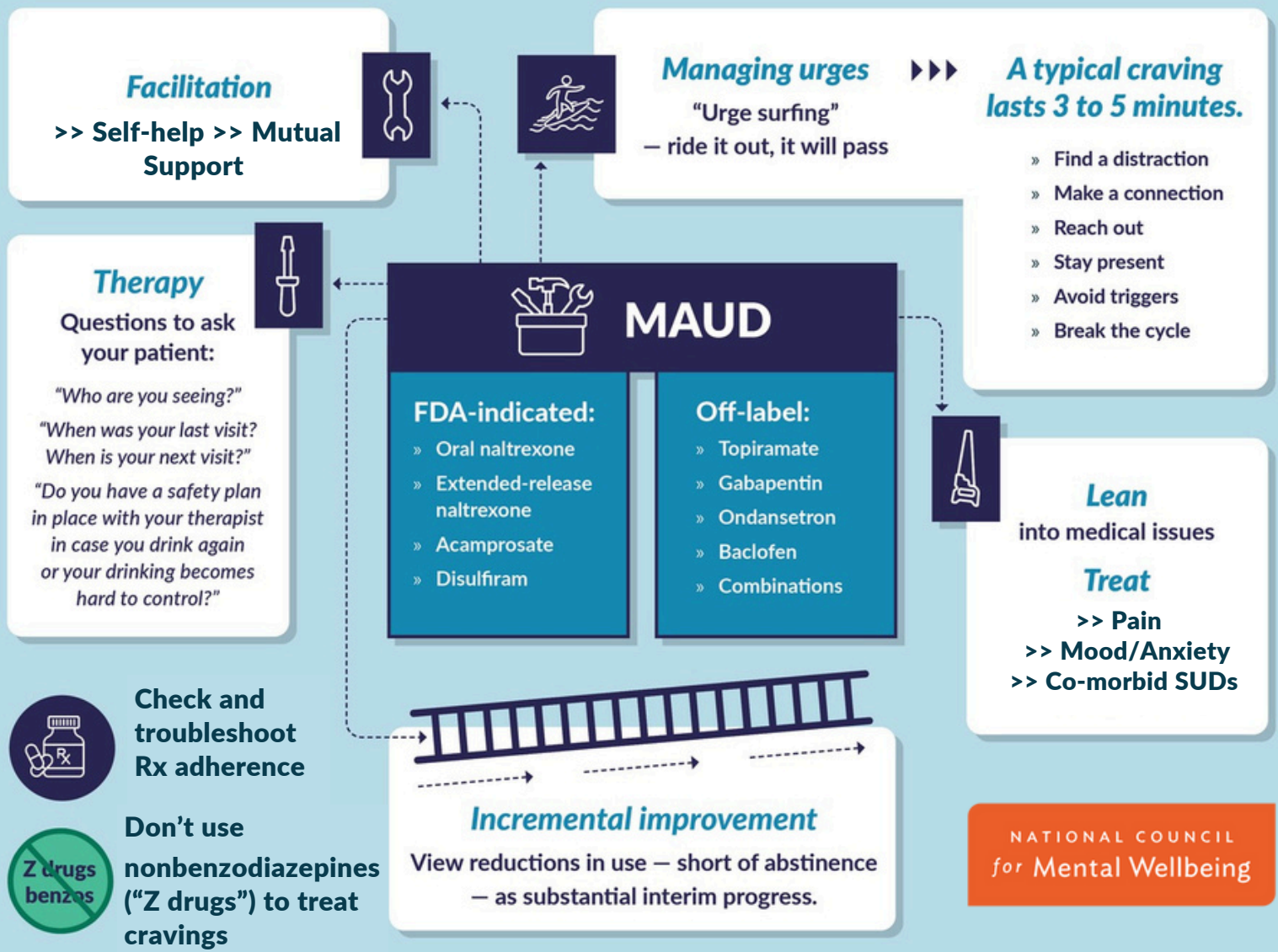
# Basics to Manage Cravings in Patients with Alcohol Use Disorder (AUD)

In 2023, 28.9 million Americans aged 12 or older were found to have alcohol use disorder (AUD).<sup>1</sup> Of these people, less than 6% received any form of treatment.<sup>1</sup> Further, only 2.1% of them received evidence-based medication to treat alcohol use disorder (MAUD).<sup>1</sup>

As a provider, it can be difficult to know what to do when a patient wants to stop or reduce their drinking but continues to drink or has cravings to drink. It can be even more difficult to know what to do when your patient who is having cravings to drink is also showing ambivalence toward treatment.

To support, two experts have put together this “intervention toolbox,” which offers tools providers can use to lean into the behavioral, psychosocial and physical aspects of their patients’ needs and overcome ambivalence. Use these tools alongside MAUD as valuable resources to make your patients’ treatment even more effective.

## Intervention Toolbox



1. Substance Abuse and Mental Health Services Administration. (2024, July 30). 2023 National Survey on Drug Use and Health detailed tables. <https://www.samhsa.gov/data/report/2023-nsduh-detailed-tables>